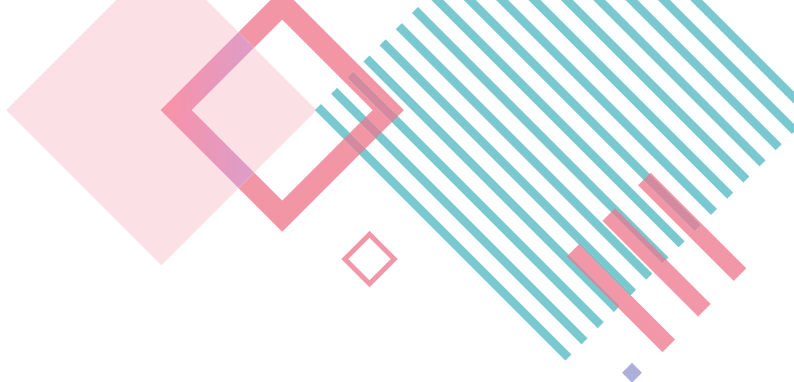


FREE MOOVE



	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
08:15	Body Balance 60'	TRX 45'	Cross Training 60'	Body Pump 60'	Core Training 30'		
09:00			Schwinn 60'		Pilates 60'		
					Spinning 60'		
09:15	Step 60'	Stretching 45'	Core Training 30'				
09:30						Schwinn 60'	Body Pump 60'
10:30							Spinning 60'
12:30	Cross Training 45'	Sprint 30'	Cross Training 45'	Body Balance 45'	Sprint 30'		
14:00	Pilates 60'	Body Balance 45'					
17:15	Cross Kids 60'	Zumba Kids 60'					
18:15				Core Training 30'			
18:30	Body Pump 60'	Body Fight 60'	Stretching 45'				
		Schwinn 60'					
19:00			Schwinn 60'	Body Balance 60'			
				Spinning 60'			
19h30	Fat Burner 60'		Body Pump 60'				

T 024 436 20 00

La Fabrique - Chemin de Praz 2 - 1424 Champagne